CONGRATULATIONS D5 ALL STAR TEAM! WELCOME TO THE 2025 D5 ALL-STARS TOURNAMENT.

Oregon District 5 and The Dalles Little League (LL) are excited to welcome you to the 2025 Oregon D5 Little League All Stars Tournament. District 5 and The Dalles LL wishes you the best of luck and to have a wonderful district tournament experience. The tournament will be double elimination format. If you have questions or concerns, please contact:

Tournament Director: Elizabeth Hisatake (541) 598-5351 / oregond5da@gmail.com

Co-Tournament Director: Julie Mitchell (541) 777-0473 / juliemitchell893@gmail.com

UIC: Greg Anderman (714) 493-4929 / greg.anderman@otis.com

UIC: Dave Kramer (541) 480-2510 / dave.kramer09@gmail.com

UIC: Paul Keefer (541) 571-2587 / mkkeefer1@yahoo.com

* **Tournament location**
* **League Presidents**
1. During the tournament please be available for your team and the district staff as needed. If you’ve been approved to coach, please remind the designated league president proxy to be available as needed.
2. The league approved tournament season coaches (includes managers) are only allowed to coach one team for the duration of the tournament season, if an emergency arises resulting in a coach resigning, an alternate can be considered and you’ll need to present the potential coaches information:
* Background check clearance (JDP and/or other background check)
* Diamond leader certificate
* Concussion certificate
* Child protection training certification dated after 10.01.2024 and before the start of tournament.
1. League approved scorekeepers are REQUIRED to know basic score keeping in a book, as paper score keeping will occur during All-Stars. If your score keeper doesn’t know basic score keeping and arrives at the game, the process of forfeiting the game will be initiated for your team.
2. Once the team has been established, complete the team roster listing and submit by 8pm on June 10, 2025. Email team roster to: oregond5da@gmail.com5
* **Manager, coaches**

You are required to attend the mandatory coaches (managers as well) meeting. This will be an **IN PERSON** meeting, please arrive10-15 minutes early for identification verification (drivers license or identification card). The following are the dates and locations:

* *River: 06.16.2025 @ 7:30pm – Cousins Country Inn The Dalles, OR.*
* *Central Oregon: 06.18.2025 @ 6:30pm –* *Redmond High School Redmond, OR.*
* **Scorekeepers**

*IMPORTANT: Scorekeepers are REQUIRED to be competent with basic score keeping in a scorebook, as paper score keeping will occur during All-Stars. If you as the assigned score keeper do not know basic score keeping in a score book, the process of forfeiting the game for your team will be initiated.*

Scorekeepers are required to attend the mandatory IN-PERSON scorekeeping session, please arrive 10-15 minutes early for identification verification (drivers license or identification card). Each team is mandated to have a scorekeeper that will be an official scorekeeper for the duration the team is participating in the D5 All-Stars tournament.

* *River: 06.16.2025 @ 6:00pm- Cousins Country Inn, The Dalles, OR.*
* *Central Oregon: 06.17.2025 @ 6:00pm-8:00pm Ridgeview High School- 4555 SW Elkhorn Ave. Redmond, OR. 97756*
1. Softball: Check in with Julie Mitchell, Paul Keefer.
2. Baseball: Check in with Julie Mitchell (Greg Anderman/Dave Kramer) and Liz Hisatake.
3. Junior division and below: these divisions will utilize a continuous batting order score sheet, very similar to regular season and the maximum number of players is 14.
4. Senior Division (baseball and softball) this will remain with nine (9) starters, substitutions as appropriate and the maximum number of players is 16.
* **Pets**: Become familiar with the rules & regulations so your pet can continue to be with you during the tournament.
* **Sportsmanship & expectation**
* There will be a ZERO tolerance policy for bad sportsmanship. Remember, these are kids and very impressionable. Be a positive role model and encourage those around you to be as well. It’s very easy to get passionate about our kids, and it should be utilized positively for the benefit of the kids.
* Please refrain from profanity, taunting, booing or any other unsportsmanlike conduct. Violators will be asked to leave the game site, also if you can remember to do your part to respect the fields and pick up your trash after the games.
* Artificial noisemakers, banging on the bleachers, fences, etc. are not allowed. Verbal praise & encouragement is PREFERRED.
* The possession and/or use of firearms, tobacco products; (which includes chew/snuff), cigarettes (including e-cigarettes and vapors), controlled substances, and alcoholic beverages in any form is prohibited on the playing field, benches, or dugout. Alcohol is prohibited at the game site.

\*\*\*\*\*Let’s ALL have a phenomenal time during our district all-stars tournament.

**OREGON DISTRICT 5 LITTLE LEAGUE RELEASE AND WAIVER**

I, hereby give permission to Oregon District 5 Little League (ultimately Little League International), to use photographs, voice recordings, or video taken of me during the games and events associated with Oregon District 5 Little League in any manner to help promote the district/little league activities as determined in the sole discretion of Oregon District 5 Little League (ultimately Little League International). Such use could include publications, media releases, announcements, electronic or otherwise, and on league websites or social media pages. I understand that neither I nor my child/ward will receive any compensation if such image appears in any of the manners listed above or any other manner that the league deems appropriate. I agree that such image is the property of Oregon District 5 Little League, and ultimately Little League International.

**LEAGUE TEAM:**

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| **PLAYER NAME** | **PLAYER PARENT/GUARDIAN SIGNATURE** |
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| **MANAGER & COACHES NAME** | **MANAGER & COACHES SIGNATURE** |
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**PHONETIC SPELLING ROSTER**

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| TEAM: |
| LEAGUE PRESIDENT:  |
| DISTRICT # & D.A. NAME:  |

**NAME PHONETIC SPELLING**

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| Manager & Email/cell #: |  |  |
| Coach & Email/cell #: |  |  |
| Coach & Email/cell #: |  |  |

*Example: Tom Berringer tom bear-in-jer*

Please complete this form for the announcer, turn in to the Tournament Director at your first game.

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| **Uniform#** | **Player’s Name** | **Phonetic Spelling** |
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Concussion Information – Oregon Senate Bill 721

(ORS 336.485)

**WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?**

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

**SIGNS OBSERVED BY THE ATHLETE:**

• Headache or “pressure” in head • Nausea or vomiting • Balance problems or dizziness • Double or blurry vision • Sensitivity to light • Sensitivity to noise • Feeling sluggish, hazy, foggy, or groggy • Concentration or memory problems • Confusion • Just not “feeling right” or is “feeling down”

**SIGNS TO BE OBSERVED BY THE COACH/ES:**

• Appears dazed or stunned • Is confused about assignment or position • Forgets an instruction • Is unsure of game, score, or opponent • Moves clumsily • Answers questions slowly • Loses consciousness (even briefly) • Shows mood, behavior, or personality changes • Can’t recall events prior to hit or fall • Can’t recall events after hit or fall

**CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

• One pupil larger than the other • Is drowsy or cannot be awakened • A headache that gets worse • Weakness, numbness, or decreased coordination • Repeated vomiting or nausea • Slurred speech • Convulsions or seizures • Cannot recognize people or places • Becomes increasingly confused, restless, or agitated • Has unusual behavior • Loses consciousness (even a brief loss of consciousness should be taken seriously)

**WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?**

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

**WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?**

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

**□** By checking the box, we acknowledge we are signing the concussion information sheet verifying we have read and understand the information concerning concussion awareness.

**DISTRICT # TEAM:**

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